GPS Outline
Fall 2015
Mondays and Tuesdays, 12-1pm
Admissions Conference Room, 1066

Facilitator
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Description
Based on The Social Change Model of Leadership Development, GPS is a weekly leadership workshop for freshmen to enhance student learning and development through self-knowledge and leadership competence and facilitate positive social change at the institution and in the community.

Learning Outcomes
Freshmen participating in the GPS leadership program will develop values in the three components of the Social Change Model: self, group, and community.

Self
- Understand that leadership development is an intentional process
- Articulate their values and how to act in congruence with them
- Develop self-awareness of leadership capacities

Group
- Learn how to collaborate well with each other
- Explore how one’s culture/values affects collaboration

Community/Society
- Develop an understanding and sense of identity for what it means to be a CMUQ student, one’s nationality (i.e. Qatari) and a member of the EC and Qatar communities

(SCMDiagram)
Course Schedule

Week 1

- Pre-Assessment: Socially Responsible Leadership Scale
- Consciousness of Self: Awareness of the beliefs, values, attitudes, and emotions that motivate one to take action
  - Activity: True Colors Personality Test- Students will take a personality test that asks a series of questions about their likes and dislikes to learn about their preferred leadership style.

Week 2

- Congruence: Thinking, feeling, and behaving with consistency, genuineness, authenticity, and honesty.
  - Activity: Values Sort- Students will complete a values worksheet to identify the top values that help guide their lives.

Week 3

- Commitment: Motivational energy to serve and that drives the collective effort. Commitment implies passion, intensity and duration.
  - Activity: 30 Day Commitment- Students will choose a daily action to commit to for 30 days and report on their progress during the final week of GPS.

Week 4

- Collaboration: Working with others in a common effort. It constitutes the cornerstone value of the group leadership effort because it empowers self and others through trust.
  - Activity: See, Run, Do- In teams of three, students will have to take on roles of the seer, the runner, and the doer in order to get a copy of a picture from one side of the room to other.

Week 5

- Common Purpose: Working with shared aims and values. It facilitates the group’s ability to engage in collective analysis of the issues at hand and the task to be undertaken.
  - Activity: Stump the Facilitator- Students will work together to perform different activities (clapping, snapping, etc.) so that the facilitator cannot figure who initiated each activity.

Week 6

- Controversy with Civility: Recognizes two fundamental realities of any creative group effort: that differences in viewpoint are inevitable, and that such difference must be aired openly but with civility.
  - Activity: In Character- In groups of two, students will interview one another on a topic with opposing viewpoints. They will then have to convincingly present their partners viewpoint to the rest of the group.

Week 7

- Citizenship: Process whereby the individual and the collaborative group become responsibly connected to the community and the society through the leadership experience.
  - Activity: Class Identity- Students will come up with event components for Thursday Majlis to increase the sense of community within the freshmen class.
Week 8

- Change- gives meaning and value to the 7 C’s. Change is the ultimate goal of the creative process of leadership to make a better world and society for self and others.
  - GPS FINAL PROJECTS: Presentation of the 30 Day Commitment
- Post Assessment: Socially Responsible Leadership Scale

Oman Trip

Students who have attended six GPS sessions will be eligible for the trip to Oman, which will take place December 11-15, 2015. Students participating in the Oman trip will learn valuable leadership skills through cultural exploration while also pushing themselves through fun hiking and outdoor activities.

References

[n.d.]. Retrieved from https://brentredpath.wordpress.com/tag/noda/